




SUN	MON	TUE	WED	THU	FRI	SAT
  	2 Holiday Support Group 2-3pm	3	4 Food Pantry 1-3 pm	5 Lunch 🍴 12-12:30 pm BINGO 3:00-4:00 pm Thrift Holiday Shopping Residents 3:00-7:00 pm	6 Acoustic Cafe & WEC Tree Decorating 10:30 am-12pm Food & Nutrition 12 pm Pet Therapy 6pm	
	9 Holiday Support Group 2-3pm	10 Lunch 🍴 12-12:30 pm	11 Whole Foods Market Table 11-1 pm Holiday Photos 1:30-3:30pm Community Huddle 4:30 pm	12 Lunch 🍴 12-12:30 pm BINGO 3:00-4:00 pm	13 Acoustic Cafe 10:30 am-12pm	
	16 Personal Care shopping event 12-2pm Holiday Support Group 2-3pm	17 Holiday Meal 5:00pm	18 Food Pantry 12-2 pm	19 Lunch 🍴 12-12:30 pm BINGO 3:00-4:00 pm	20 Acoustic Cafe 10:30 am-12pm *Door Decorating Contest Judging Holiday Movie & Hot Cocoa 2-4 pm	
	23 Holiday Support Group 2-3pm	24 Lunch 🍴 12-12:30 pm	25 Abby's Offices & Thrift Shop Closed <i>Christmas</i>	26 Lunch 🍴 12-12:30 pm BINGO 3:00-4:00 pm <i>Hanukkah begins & Happy Kwanzaa</i>	27 Acoustic Cafe 10:30 am-12pm	
	30 Holiday Support Group 2-3pm	31 Lunch 🍴 12-12:30 pm <i>New Year's Eve</i>				

WOMEN'S CENTER ACTIVITIES & EVENTS

MAURA'S FOOD & NUTRITION CORNER

Lunch Every Tues. & Thurs. 12-12:30 pm

Join us for a freshly prepared meal. You can take it to go, or enjoy in the Women's Center.

Food & Nutrition Class 12/6 from 12-1:00 pm

Join Maura in the kitchen to cook up something delicious!

Food Pantry 12/4 & 12/18 from 12-2 pm

Abby's Residents and Women's Center Members are welcome to shop items from the free food pantry.

Whole Foods Market Table 12/11 from 11-1 pm

Residents and Women's Center Members are welcome to shop for free items donated directly from Whole Foods.

Holiday Meal 12/17 at 5:00 pm

Join us for a beautiful holiday meal prepared by Maura. Menu to be determined!



Pet Therapy & Education 12/16 beginning at 6:00 pm

Join volunteer Sara & spend time with her therapy dog.

Acoustic Cafe Friday Mornings at 10:30 am

Join us for a cup of coffee and light music in the Women's Center.

Personal Care Shopping Event 12/16 12-2pm

Shop for FREE personal care items including hair care, dental care & feminine hygiene products.

BINGO Thursdays from 3:00- 4:00pm

Join Shayla & Lia for some fun & the chance to win some amazing prizes!

Community Huddle 52 High, 77 Chatham & 19 Crown 12/11 4:30- 5:30pm

Join us for an across-properties community huddle. Hear updates about upcoming events & bring questions or concerns for management & women's services.

SEASONAL EVENTS

Resident/Guest Thrift Shopping 12/5 at 3-7pm

Thrift is open for an evening exclusively for Abby's House Residents & Guests! Enjoy an extra discount off your purchase.

Holiday Photo Sessions 12/11 at 1:30-3:30pm

Abby's House staff photographer is offering free mini sessions to residents and guests of Abby's House. You can receive your photo via email or a printed copy. Limited spots are available- please sign up in the lobby!

Holiday Movie & Hot Cocoa 12/20 at 2-4pm

Join us in the women's center for a holiday movie & a cup (or two) of hot cocoa!

Holiday Door Decorating Contest

Feeling creative? Sign up in the lobby to enter the door decorating contest. The winner will be selected on 12/20!

Holiday Support Group Mondays at 2pm

Meeting weekly in the Multipurpose room throughout December, Gitte provides a safe space to process or share emotions about the holiday season.